

XIVth BELGIAN KYOKUSHIN UNION SUMMERCAMP

WHAT ? a wonderfull kyokushin-experience, a healthy mix of kihon, kata, ido-geiko and kumité sessions, a beautiful atmosphere, spirit, friendship and fun

WHO ? open to all organizations, from the age of 15

GUESTTEACHER - SENSEI JONATHAN TINEO

(attending shihan Lu Eekhaut, shihan Christiaan Snoeckx and shihan Koen De Backker)

WHEN ? **22 – 23 – 24 june 2018**
arrival on friday between 18h00 and 19h30, first training at 20h
departure on sunday around 17h

WHERE ? Provinciaal Vormingscentrum, Smekenstraat 61, 2390 Malle, Belgium

REGISTRATION

- **before 30 april 2018**
- application forms to be send to summercamp@masoyamakalmthout.be
- only after payment and confirmation, participation is registered

CAMP FEE

- whole weekend € 115
- friday € 6
- saturday (incl. breakfast, lunch and dinner) € 49
- sunday (incl. breakfast and lunch) € 39

bank account: "Mas. Oyama Kalmthout" - IBAN BE46 9731 6251 4036 - BIC ARSP BE22

(please write your dojo name in the announcement box)

EXAMINATION

- possibility for grading for 2nd kyu up to sandan
- only for "IKO Kyokushinkaikan Union" members
- participants have to attend the whole camp
- dan application forms to be send in at the time of the camp registration

ACCOMODATION

We are sleeping in a recently partly renovated sports / education center on a full-pension basis. A new restaurant and modern sanitary should make our stay comfortable. Bed sheets are present, towels you have to bring yourself. We have our own bar at our disposal where drinks are available at democratic prices. In the evening we hold the kyokushin café to relax, hang out and get to know each other ... with some music and maybe some dancing ...



国際空手道連盟 極真会館

Mas. Oyama Kyokushinkai Karate

full-contact karateschool te Kalmthout – België



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WHAT TO BRING ?

- dogi
- protectors
- towels
- tracksuit
- running shoes
- slippers
- kyokushin passport
- boxing gloves (if you have ... there will be a free to choose kick-boxtraining)
- sports nutrition / snacks
- good spirit and enthusiasm

SAYONARA

Sunday evening you can join a sayonara diner. This will be hold at the “Bier Central”, a typical Belgian Beer Café located in the center of Antwerp, next to the beautiful Antwerp Railway Station and the Zoo. The café / restaurant offers you more than 27 draft and 300 bottled beers. For the price of € 15 (excl. drinks) you can choose:

- stoofvlees met frietjes (beef stew with French fries)
- vol-au-vent met frietjes (vol-au-vent with French fries)
- veggieburger met frietjes (vegetarian burger with French fries)

The diner starts around 19h. It's about 30 min drive from the camp location to the restaurant. Partners are welcome as well. Just fill in an extra menu on the application form.

Address: Bier Central, de Keyserlei 25, 2018 Antwerpen – www.biercentral.be

Attached you can find the camp and dan application forms. Please fill in all the requested information. As we are sleeping in a government owned center, we have to provide for safety and insurance reasons a more detailed participants list. Training schedule will be available a few weeks before the camp.

For more information, questions or requests, please contact

Herbert Van Hees - summercamp@masoyamakalmthout.be – phone +32 499 36 41 80

(camp organizer / dojo operator)

! WE HOPE TO WELCOME YOU IN LARGE NUMBERS - LOOKING FORWARD TO SEE YOU !

LEGAL FORM

By registering, you agree with the camp rules. All participants need to have an insurance, which covers their participation. The organization and the teachers are not responsible for any damage made or caused during the camp. Participation is at own risk.